

# FIRST AID & WATER SAFETY

## CPR, AED, and First Aid

CLASSES OFFERED EVERY OTHER MONTH  
Classes taught in conjunction with the American Red Cross and certificates are valid for 2 years from completion date.



S3: February 13 & 15  
*Spring Sessions TBA*

TIME: 5:30-9:30 pm  
FEES: \$60

+Breathing barrier: pocket mask \$15, keychain barrier \$5

MINIMUM ENROLLMENT: 5

LOCATION: Community Arts Center

## CPR + AED Review

CLASSES OFFERED EVERY OTHER MONTH  
This is a review class for students whose CPR/AED cards are going to expire. Current certifications are good for 2 years, but a renewal class must be taken for a new card. Classes taught in conjunction with the American Red Cross

S3: March 12  
*Spring sessions TBA*

TIME: 5:30-9:30pm  
FEES: \$40

Breathing barrier: pocket mask \$15, keychain barrier \$5

LOCATION: Community Arts Center

## FIRST AID

Basic first aid is an important life skill for everyone. Learn how to care for bleeding injuries, diabetics, stroke victims, burns, and lots more. Cards are good for 3 years & you do NOT need a current card to take this class.



S3: February 11 TIME: 2-5pm  
S4: March 14 TIME: 5:30-8:30pm

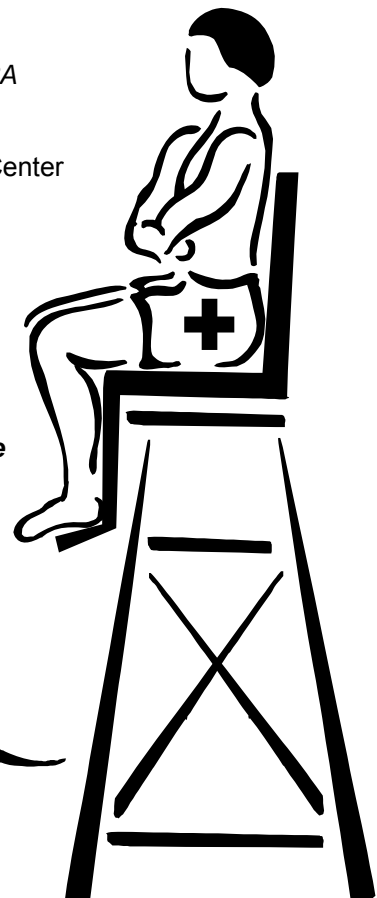
FEES: \$40  
LOCATION: Community Arts Center

## CPR for LIFEGUARDS (formerly Pro-Rescuer Class)

This class is a mandatory annual review for lifeguards. Review CPR, using an AED and Bag Valve Mask, as well as care for choking and non breathing people.  
**\*Pocket masks are required and cost an additional \$15 if you do not bring your own.**

S3: March 29 5-9 pm  
*Spring & Summer sessions TBA*

FEES: \$40\*  
LOCATION: Community Arts Center



## WATERFRONT LIFEGUARD

This is a required class for anyone wanting to become a lifeguard. It includes Lifeguard Training, Basic First Aid, and CPR for the Professional Rescuer w/AED. Students must show proof of age (15+), be able to swim 500 yards continuously, shallow dive, surface dive and tread water-**please be ready to swim every day in an appropriate athletic swim suit (ladies, no bikinis!).**

S1: February 21-25 (Ski/Skate Week)  
S2: April 2-6 (Spring Break Week)  
TIMES: Tues/Thursday 12:30-5:30 pm  
Wed/Friday 9-5 pm  
Saturday 12-5 pm

FEES: \$200  
LOCATION: High School Pool /modular