

INDOOR ROCK CLIMBING WALL

NEW to our climbing wall... TRUBLUE Auto Belays! Don't have a belayer or don't know how to belay? Use one of our 4 auto belay systems!



Rock climbing is a fun and challenging sport that everyone can enjoy. It enhances your self-esteem, self-confidence, and patience. Learn the techniques in climbing and how to improve your mental and physical skill in a positive and fun environment!

29' wall with 4 top ropes, 4 auto belays, routes from 5.5 - 5.12 and separate 12' x 18' Bouldering Wall, problems VB – V6.

PUBLIC HOURS:

MON, WED, FRI 5:30-8:00 pm
SAT & SUN Available for Climbing Parties!

CLIMBING FEES:

\$6 drop in, \$50 for a 10 punch card
Rentals: \$2 Harness, \$3 Shoes
Use our Auto Belays OR get certified to belay your climbing partner. Belay classes available if you do not know how to belay.

PRIVATE LESSONS

Ages 5 to Adult: One hour lesson designed specifically to meet the needs of the student.
\$25 per hour
\$15 each additional family member or friend.
Call 550-4419 for more info.



CLASSES & DROP INS FOR WOMEN

This class is specifically designed for women new to climbing or those looking to get back into it. Learn the basic fundamentals and various techniques in an encouraging Environment with an emphasis on gaining strength, balance, flexibility & confidence.

DAYS: Wednesdays (*by reservation only—please contact Catherine @ 530-448-6847 to schedule*)
TIME: 6:45-8:15 pm
FEE: \$50 per session

CLIMBING CLASSES FOR KIDS

This class is specifically designed for kids! Learn the basic fundamentals and various techniques in an encouraging and fun environment, then move on to the more advanced class!

Tuesdays & Thursdays
Grades 6-12 3:00 -4:15 pm
Grades K-2 4:30 -5:45 pm
Grades 3-5 6:00 -7:15 pm

Mondays & Wednesdays
Advanced Class (Instructor Approval only)

TIMES:
Grades 2-4 4-5:30 pm
Grades 5-12 5:45-7:15 pm

S3: Jan. 2–Feb.2
S4: Feb. 13-Mar 22
(skips Ski/Skate week)
S5: Apr. 9-May 10
S6: May 14-June 14 (skips Memorial Day)
FEE: \$100 per 5 week session
– NO DROP INS



ONGOING BEGINNER BELAY CLASSES

Ages 14 +: 1 hour class will teach you proper belay and safety techniques to climb at the TDRPD wall*. *Includes climbing and equipment after class.*

DAYS: Mondays, Wednesdays & Fridays
(call 550-4419 if days don't work for your schedule)
TIME: 5:30-8 pm
must pre-register by 3 pm, Tues. or Thurs before class.
FEE:: \$20 per person (No Minimum, 4 person Max)
* Must pass belay test to become belay certified

Pre-registration required for all classes
Call (530)582-7720-or come by the office
Email climbing@tdrpd.com or 550-4419 for more info!

**Have a RAD PARTY
AT THE CLIMBING WALL!
See page 22 !**

SCHOOL FIELD TRIPS!



Tell your teacher that they can bring the whole class for a fun 2 hr field trip to use the Climbing Wall!

**\$5 per student,
minimum of 25 kids (\$125)**